

Gifts Worksheet

What are the gifts that God gave me that I like to share?

Loving yourself means recognizing your uniqueness and interests. The suggestions below are merely ideas – ask God to bring to mind your gifts and talk to a friend or family member about the gifts that they perceive. Don't worry about fitting a particular category – the category just serves to focus your thoughts.

<i>Hands</i>	<i>Head</i>	<i>Heart</i>
<p>What do I like to DO?</p> <p>Create? Typing? Landscaping? Sewing? Baking? Graphic design? Painting? Read aloud?</p>	<p>What do I KNOW about and like to share?</p> <p>History? Accounting? Organizing? Nutrition? Child development? Medical language?</p>	<p>What qualities of BE-ing do I possess?</p> <p>Patience, Teaching, Hospitality, Wisdom, Perspective,</p>

Date:

Name: