


## **An ECC Rocky Mountain Regional Gathering**

 **A Day of Reflection**

### **Sing to the Lord a New Song**

Facilitator: Rev. Michelle A. Danson

 Saturday March 3<sup>rd</sup>, 2012  
9:00am – 12:30pm  
Light of Christ  
1000 W. 15<sup>th</sup> Ave  
Longmont  
\$10 suggested donation  
(at the door)

As we journey through Lent,  
let's take the opportunity to  
stop for awhile and reflect  
upon who are we? How did we  
get here? Where are we  
going?



### **Agenda of the Day**

8:30-9:00am : Gathering  
Continental Breakfast

9:00am-noon :  
Reflection and Activities

Noon:  
Eucharistic Liturgy  
with Anointing



### **The Reverend Michelle A. Danson**

Michelle believes in lifetime Spiritual Formation. She is an Episcopal Priest, Spiritual Director, Retreat Leader, and Educator. She is Co Coordinator for Contemplative Outreach of Boulder County and Co-founder of the Contemplative Beehive of Boulder Valley. She has just completed 6 years on the Board of Spiritual Direction Colorado (SDCO), and has recently accepted the call to be Chaplain to The Daughters of the King (DOK) in Colorado. She currently works as a Supply Priest, has a private practice of Spiritual Direction, called "Living Well", and is on the faculty of the Benedictine Spiritual Formation Program, (BSFP) based out of Benet Hills Monastery, Colorado Springs . She is widowed, and remarried, and the mother of four adult children. She lives near Boulder, Colorado.

For re-creation, Michelle enjoys reading, tending her herbaceous border, hiking, snow shoeing, cross country skiing, Yoga, Pilates, and spending time with friends and family members.

