



January 20, 2024  
5 PM  
Saturday

*To Love and Be Loved  
An Inclusive Catholic Community,  
welcoming each and all as the  
beloved of God. We are  
ecumenical; we celebrate the rich  
heritage of Catholic spirituality  
while honoring all spiritual  
traditions. We Move for justice  
and peace and respond to the  
call of discipleship by loving  
deeply and rooting our lives in  
prayer and service.*

**Contacts:**

Church of the Beloved  
303-489-7046

Emergencies:

Bishop Kae: 720-232-1562

Mother Alice: 719-573-4904

Deacon Buddy: 720-556-6470

Bishop Paul: 720-254-2083

Ken Crosby 303-238-5175

**Our Leadership:**

Parish Council: Tammy Gabel,  
Greg Goerke, Susan Reese,  
Maryann Klasinski Toni Talarico  
Parish Council meetings vary

**Synod Delegates:**

Amy Frisbee, Alice Bradley,  
Bishop Kae Madden. Susan  
Gray, Bishop Paul Burson

**Rocky Mountain Regional  
Council Representatives:** Alice  
Bradley and Dennis Giblin.

# Church of Beloved Ecumenical Catholic Community



“immediately” means that God is calling right now. Are we willing to put aside the demands of the day to listen, truly listen now. The Spirit has a word for us – now.

**\*\*\*NOTE\*\*\*** Potluck will be Saturday, 1/20, after Mass

As we prepare to share Eucharist and a meal, please bring food and supplies for the food bank, too : )

**On Call for Pastoral Emergencies Schedule.**

Bishop Kae is on call for Jan 14-20 720-232-1562

Mother Alice is on call for Jan 21 – 27 719-573-4904

“On call” means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text.

Both Kae and Alice usually take Sunday and Monday off.

**Centering Prayer**

If you are interested in participating in an ongoing Centering Prayer Group, please contact Joanna Botero for further details. The time, date, and group details will be determined once interest has been established.

Joanna Botero  
720-933-6247

**Ministries during Mass!!!**

Please sign up for our weekly ministries: A/V camera, Eucharistic Ministers, Greeters, and Lectors. If you need orientation/training, contact Alice, Buddy or Kae and we'll get you connected with a seasoned minister.

ECC 101 Video: An edited recording of November's ECC 101 zoom presentation can be found at the link here: (Hold Control as you click) [Copy of](#)

Meetings are held the 1st Thursday

### Ministry Teams

**Social Justice** –chair – rotating by project

We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need.

We meet once a month and day and time are flexible.

### Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

### Ongoing Spiritual Formation of Kids and Adults Ministry:

To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

### Membership and Hospitality:

To build relationships among members and welcome all as God's Beloved

**Liturgy and Music** – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world.

Bishop Kae and Greg Madden, Marilyn Davey

### Lector Coordinator

Linda Pavlak and Tammy

### Greeter Coordinator:

### Eucharistic Minister Coordinator-

### Ministries of Care –

Grief and Loss - A ministry that offers support for individuals and families facing a life changing journey...Chair – Ken Crosby

### Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or

[ECC101\\_231129\\_RMRC.mp4 - Google Drive](#). The presentation is over an hour and takes a while to load, so be patient : )

### VERY FEW WORDS FROM DEACON BUDDY



What is meant by negative thinking? A negative thought is any thought of failure, disappointment, or trouble; any thought of criticism, or spite, or jealousy, or condemnation of others, or self-condemnation; any thought of sickness or accident; or, in short, any kind of limitation. In practice you will never have any trouble in knowing whether a given thought is positive or negative. Even if your brain tries to deceive you, your heart will whisper the truth. Second, you must not dwell upon negative things. It is not the thoughts that come to

you that matter, but only such of them as you choose to entertain and dwell upon. Many negative thoughts will come to you all day long. Some will be given to you by other people, or you will hear disagreeable news. These things, however, do not matter so long as you do not entertain them. An analogy is furnished by the case of the man who is sitting by an open fire when a red-hot cinder flies out and falls on his sleeve. If he blows the cinder off at once, without a moment's delay to think about it, no harm is done. But if he allows it to rest upon him for a single moment, under any pretense, the mischief is done, and it will be a troublesome task to repair the sleeve. So it is with negative thought. "Be transformed by the renewal of your mind" (Romans 12:2).

EMMET FOX--AROUND THE YEAR WITH EMMET FOX

### Power of Prayer – Praying the Rosary

Mary, Jesus' Mother has asked we pray the rosary. We will be having a weekly Rosary on Thursdays at 7PM on zoom to be led by Deacon Buddy. Please join us.

Join our Meeting on our regular Zoom link.



And/or pray the Rosary with Church of the Holy Family on Wednesdays at 6:00 pm. with Cara Thompson

Join Church of the Holy Family's Zoom Meeting: [link](#).



### We will be hosting a Eucharistic Minister Training Saturday, January 20th, 3:30 PM at the church.

If you feel you are called to this important ministry, that the Holy Spirit has been subtly nudging you, now is the time to act. We will show and explain step by step all that is necessary to be a competent Eucharistic Minister. There will be some theological tidbits thrown in as well. (Current ministers are welcome, too)Deacon Buddy is involved in this project and he swears

it will not be boring. Hope to see you then and there! Any questions, feel free to contact the good Deacon



**The food bank for January is Good Shepherd Presbyterian.** Please place food donations in the blue bin or send monetary donations directly to Good Shepherd food bank.

<https://www.thegoodshepherd.org/our-food-bank> Thank you from the Social Justice Committee

### SAVE THE DATE!

When: Saturday, February 10, 2024

Why: COB's 20th Anniversary Celebration:

Including an afternoon "come and go reception" followed by Mass at 5 p.m.

Where: Church of the Beloved

If you would like to help plan our celebration,

please call Susan 303-618-8507 or Tammy 303-909-7260



sewing prayer shawls/blankets. -  
Linda Pavlak

### Anawim Ministry-

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support ministry for COB members, families, and friends.

3rd Saturday monthly at the Fellowship hall at 2:30PM

Contacts: Ralph  
at [reschkejr@g.com](mailto:reschkejr@g.com) or  
303-425-9995 and Nick  
at [pizzafmly@aol.com](mailto:pizzafmly@aol.com) or  
303-929-6213

### Finance Ministry

Wise stewardship of the financial resources of the community  
Chairperson: Greg Goerke

**Administration and Building Maintenance Ministry:** the nitty gritty support that keeps us rolling along

**Pastoral Care members:** Greg Madden, Deacon Buddy, Ken Crosby, Alice Bradley, Christy Chady, and Kae Madden

**Home Visits/Communion-** We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Ken Crosby if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

### Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

19th Friday evening at 6:30 p.m. Zoom link.  
20<sup>th</sup> Potluck after Mass.  
23<sup>rd</sup> Parish Council meeting at 4 p.m.

### February

10th Reception for our 20th anniversary and Mass for All Ages  
14th Ash Wednesday

### March

9th Mass for All Ages and potluck  
23rd The vigil of Palm Sunday  
28th 29th & 30th: Holy Thursday, Good Friday and Easter Vigil  
31st Easter – Sunday morning Mass

### April

6th – Mass for All Ages  
13th Potluck

### May

11th Potluck and honoring Mothers  
18th Pentecost

### June

1st Confirmation and potluck celebration  
15th honoring Fathers

### [ECC Biennial Holy Synod October 10-14, 2024, Estes Park, CO](#)

Attached to this bulletin you will find a Delegate Ministry Description. Please prayerfully read it. Is the Spirit nudging you?. If you are interested in possibly serving our COB community in this way, please contact Kae or Alice for a description of this important ministry and to discuss the possibility of your participation.

### COB Formal Membership

Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means?  
Text, call or email Mother Alice at 719-573-4904 [alice.bradley@UCDenver.edu](mailto:alice.bradley@UCDenver.edu)



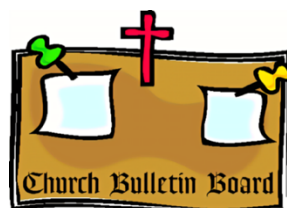
'Tis the Season..... Let's be wise and care for each other with frequent hand washing and/or using hand sanitizer, consider wearing a mask, utilize the red, yellow, green bracelets when entering church to indicate your personal comfort level with close person contact, and, of course, if feeling unwell, participate from home on Zoom. Thanks for taking care of each other.



### Mid week Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.m.

**Reminder:** Audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



**Centering Prayer/Meditation And Labyrinth**

Sunday Feb 4<sup>th</sup> at 7:00 AM. We'll meet in the sanctuary and dress for walking the labyrinth, weather permitting All are welcome. Contact Mother Alice for more info.

**PREPARATION FOR LITURGY: \*\*In case you are wondering, we're going to stay with the current "Advent" worship aid and service music until Lent, since it is only a few weeks of Ordinary Time.**

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully. If you are unable to join us in person, as you prepare your sacred space at home, you may want to "set your table" with a beautiful green cloth, bring a cross, a candle, bread and wine/juice.

For those who are so moved, we invite you to pray the prayer of Spiritual Communion:

Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen

You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

For Mass: Join Zoom Meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

Dial in by calling: 1 346 248 7799

Meeting ID: 719 573 5454 Passcode if requested: 10500

#### HOW TO SIGN UP FOR MINISTRIES ON OUR WEBSITE:

- Here are the steps to the new ministry signup process (which is through our COB website):

1. Register with your name and email and create a password at <https://churchofthebeloved-ecc.org/register/>
2. Click on your name in the lower right corner, then click on the "Sign Up" button.
3. Select the signup(s) you'd like to sign up for, then scroll to the top and click "Save and Continue." It will automatically add your name and email address. However, if you are signing up for another family member, you can change this information.

You will need to be logged in to see the signup list and add/delete signups. The URL that can be bookmarked for this (after registering) is: <https://churchofthebeloved-ecc.org/signup>. If you are not logged in, it will prompt you to do so. If you have questions, contact Christy. Thank you!

#### Quick Links



ECC link:

<http://www.rmrc-ecc.com>

COB link

<https://churchofthebeloved-ecc.org>

Facebook:

[www.Facebook.com/ChurchOfTheBelovedECC](http://www.Facebook.com/ChurchOfTheBelovedECC)

Instagram:

<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME:

churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:

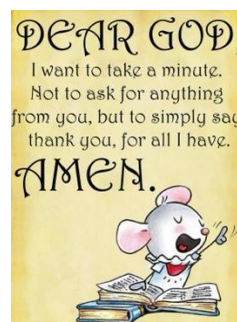
[pastor@churchofthebeloved-ecc.org](mailto:pastor@churchofthebeloved-ecc.org)

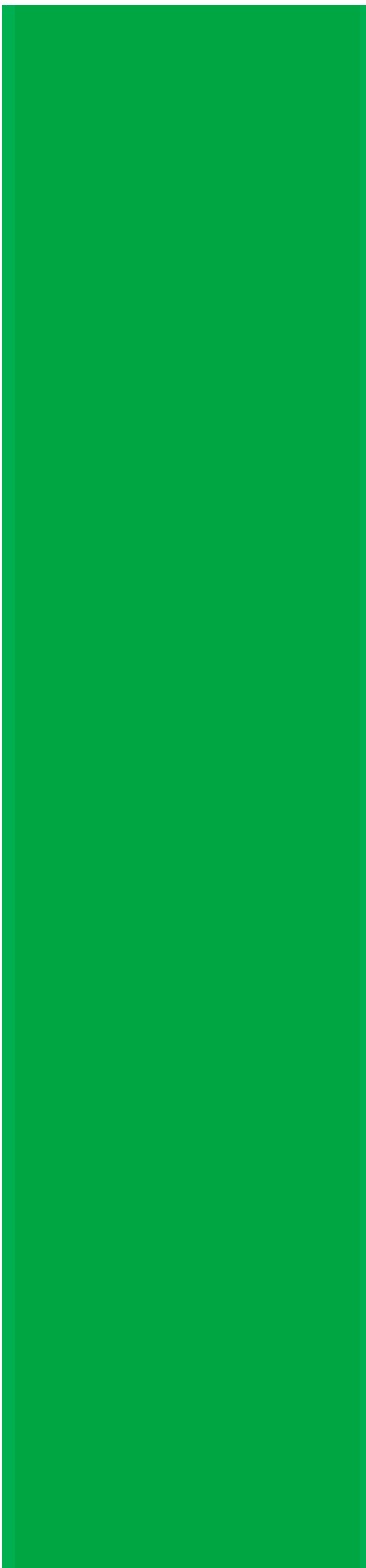
[maddengk@msn.com](mailto:maddengk@msn.com)

Pat: Church Key: 303-452-1553

Announcements in the bulletin must be in by Wednesday before distribution on Friday.

Pat's email: [rpt1553@aol.com](mailto:rpt1553@aol.com)





*Dear Father – there are times when it is difficult to share the gifts You have given me. Teach me how to give as freely as You have given to me. Amen*

*One thing the government can promise us about the space program: our tax dollar will go farther.*