



October 28, 2023
5PM
Saturday

To Love and Be Loved

An Inclusive Catholic Community, welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We strive for justice and peace and respond to the call of discipleship by loving deeply and rooting our lives in prayer and service.

Contacts:

Church of the Beloved
303-489-7046
Emergencies:
Bishop Kae: 720-232-1562
Mother Alice: 719-573-4904
Deacon Buddy: 720-556-6470
Bishop Paul: 720-254-2083
Ken Crosby 303-238-5175

Our Leadership:

Parish Council: Tammy Gabel,
Greg Goerke, Susan Reese,
Maryann Klasinski
Parish Council meetings vary

Synod Delegates:

Amy Frisbee, Alice Bradley,
Bishop Kae Madden. Susan
Gray, Bishop Paul Burson

Rocky Mountain Regional

Council Representatives: Alice
Bradley and Dennis Giblin.

Church of Beloved Ecumenical Catholic Community

Thirtieth Sunday in Ordinary Time

Readings: [Exodus 22:20-26](#) [1 Thessalonians 1:5c-10](#) [Matthew 22:34-40](#)



Which commandment is greatest? We know the answer to that question. The greatest commandment is to love God with all our heart and to love our neighbor as ourselves. To what or whom do we give our hearts? Gospel love is not an idea or an emotion but an imperative—a call to act. Practical acts of love weave us into community, just as our knitting needles and crochet hooks weave hats

and scarves to give warmth to those who are cold. They stretch to fit every person and enfold the world in compassion. How do you weave your love of God into practical acts of love? Have you experienced how practical acts of love pull you more deeply into the Heart of Love?

Prayer Shawl Ministry Hats and Scarves Project:

If you have items to donate but couldn't make it to Mass last week, please do bring them this week.

We will collect them, bless them and Mary Ulibarri will ensure they are given to those in need of warmth.

On Call for

Deacon **Pastoral Emergencies Schedule.**

Buddy is on call Oct 22nd – 28th 720-556-6470

Mother Alice is on call Oct 28 – Nov 4th 719-574-4904

On call" means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text.

Both Kae and Alice usually take Sunday and Monday off.

VERY FEW WORDS FROM DEACON BUDDY

Meetings are held the 1st Thursday

Ministry Teams

Social Justice –chair – rotating by project

We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need.

We meet once a month and day and time are flexible.

Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

Ongoing Spiritual Formation of Kids and Adults Ministry: To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

Membership and Hospitality:

To build relationships among members and welcome all as God's Beloved

Liturgy and Music – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world. Bishop Kae and Greg Madden, Marilyn Davey

Lector Coordinator

Linda Pavlak and Tammy

Greeter Coordinator:

Gail

Eucharistic Minister Coordinator-

Ministries of Care –

Grief and Loss - A ministry that offers support for individuals and families facing a life changing journey...Chair – Ken Crosby



All the idle moments of one's life can be sanctified, thanks to the Rosary. As we walk the streets, we pray with the Rosary hidden in our hand or in our pocket. While waiting to be served at a lunchroom, or waiting for a train, or in a store, or when conversation or a lecture lags, all these moments can be sanctified and made to serve inner peace, thanks to a prayer that enables us to pray at all times and under all circumstances. If you wish to convert anyone to the fullness of knowledge of Our Lord and of His Mystical Body, then teach them the Rosary. One of two things will happen: either they will stop praying the Rosary or they will get the gift of faith."Pray without ceasing..." (1 Thessalonians 5:17).

VEN. FULTON J. SHEEN--THE WORLD'S FIRST LOVE

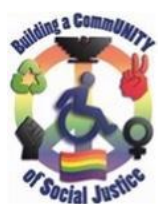
FEAST DAY PHOTOS: DID ANYONE TAKE ANY photos at our feast day celebration? COULD YOU please FORWARD TO CHRISTY



1st All Saints/Souls: 9:30 a.m. morning Mass in person and on zoom and a contemplative service at 6 p.m.

4th Mass for All Ages

26th Sunday at 12 noon – following the NUCC service – working on the liturgical environment for Advent.



Our third quarter tithing will be distributed to these 5 organizations, \$245 for each.

Project Worthmore

Colorado Hosting Asylum Network

Northglenn Mosque

Anti Defamation League

Ukraine Crisis Response

The Social Justice team and Parish Council also reserved \$400 for the Pastor's emergency fund. Thank you for your generosity!

The food bank for October is Community Table in Arvada.

Shelf stable foods and personal care items are always in need and can be brought to church and placed in the blue bin.

Community Table has many programs that help needy and homeless people. Every dollar donated provides 3 meals, GED tutoring, job searches and they have a free laundry day. Please consider sending checks to Community Table 8555 W 57th Ave. Arvada, CO 80002

Attention: Social Justice is still interested in booking **CPR and AED training** for COB and even UCC if there is interest. The cost is \$35.00 per person. We must have at least 10 people sign up (or pay for 10 anyway!) Please let Linda Adams know if you are interested.

Social Justice Committee

Hats and Scarves, 2023!

The Prayer Shawl Ministry's Hats and Scarves Social Justice Project for 2023 was a wonderful gift from the Community of Church of the Beloved. It was a giving from each of your hearts and your hands. We thank you!



Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or sewing prayer shawls/blankets. - Linda Pavlak

Anawim Ministry-

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support ministry for COB members, families, and friends.

Finance Ministry

Wise stewardship of the financial resources of the community
Chairperson: Greg Goerke

Administration and Building Maintenance Ministry: the nitty gritty support that keeps us rolling along

Pastoral Care members: Greg Madden, Deacon Buddy, Ken Crosby, Alice Bradley, Christy Chady, and Kae Madden

Home Visits/Communion- We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Ken Crosby if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a *sensitive and/or ethical nature* and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

210 Items Collected

12 Hat and Scarves Sets
44 Children's Hats
19 pairs of Gloves (children and adults)
104 Adult Hats
19 Scarves

May those who receive the giving from us know and feel the warmth of God's Love for each of them. Blessings and God's Love and Peace to each of you!

A FEW MORE WORDS FROM DEACON BUDDY



Legitimate altered states of consciousness exist in both Eastern and Western religious traditions. Trappist Thomas Merton found much in the East that paralleled his experience born of the western mystical tradition. Zen masters have found in the writings of Dominican mystic Meister Eckhart an example of their own understanding. Psychologist Carl Jung observed that the Eastern meditation practice of staring at a mandala is similar to the Roman Catholic practice of Adoration of the Blessed Sacrament. Simply looking at the circular form has an unconsciously healing benefit. Persons reciting the Rosary often find themselves in a slightly altered state of consciousness that allows them to dispel the "noise" of their surroundings and concentrate on the symbols of their religion, not unlike the mental states reported by Zen masters.
REV. WILLIAM KENT BURTNER, O.P.

Jonathan Lief, director of psychiatry at Lemuel Shattuck Hospital in Boston, where he works with handicapped patients, says that the Rosary, which he calls "one of the oldest and best tools," or other forms of positive meditation comfortable for the belief systems of his patients, have helped them literally throw away canes or crutches or even speak when they had been mute.
PATRICIA TREECE--THE SANCTIFIED BODY



Mid week Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.

Reminder: Audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat

Quick Links



ECC link:
<http://www.rmrc-ecc.com>

COB link
<https://churchofthebeloved-ecc.org>

Facebook:
www.Facebook.com/ChurchOfTheBelovedECC

Instagram:
<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME:
churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:
pastor@churchofthebeloved-ecc.org
maddengk@msn.com

Pat: Church Key: 303-452-1553
Announcements in the bulletin must be in by Wednesday before distribution on Friday.
Pat's email: rpt1553@aol.com



Centering Prayer/Meditation And Labyrinth

Sunday Nov 5th at 7:00 AM. We'll meet in the sanctuary and dress for walking the labyrinth . All are welcome. Contact Mother Alice for more info.

PREPARATION FOR LITURGY:

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully. If you are unable to join us in person, as you prepare your sacred space at home, you may want to “set your table” with a beautiful green cloth, bring a cross, a candle, bread and wine/juice.

For those who are so moved, we invite you to pray the prayer of Spiritual Communion:

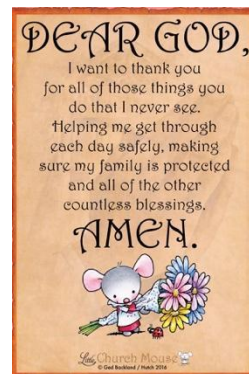
Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen
You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

For Mass: Join Zoom Meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

Dial in by calling: _1 346 248 7799

Meeting ID: 719 573 5454 Passcode if requested: 10500



Dear Lord – sometimes I am Blind to the many ways Your love comes to me. Open my heart and eyes to be ever aware of Your loving blessings. Amen

By the time we realize our parents were right, we have children who think we are wrong.