



November 4, 2023
5PM
Saturday

To Love and Be Loved

An Inclusive Catholic Community, welcoming each and all as the beloved of God. We are ecumenical; we celebrate the rich heritage of Catholic spirituality while honoring all spiritual traditions. We Move for justice and peace and respond to the call of discipleship by loving deeply and rooting our lives in prayer and service.

Contacts:

Church of the Beloved
303-489-7046
Emergencies:
Bishop Kae: 720-232-1562
Mother Alice: 719-573-4904
Deacon Buddy: 720-556-6470
Bishop Paul: 720-254-2083
Ken Crosby 303-238-5175

Our Leadership:

Parish Council: Tammy Gabel, Greg Goerke, Susan Reese, Maryann Klasinski
Parish Council meetings vary

Synod Delegates:

Amy Frisbee, Alice Bradley, Bishop Kae Madden. Susan Gray, Bishop Paul Burson

Rocky Mountain Regional

Council Representatives: Alice Bradley and Dennis Giblin.

Church of Beloved Ecumenical Catholic Community

31st Sunday in Ordinary Time

First Communion for Tori, James and Ben Trujillo

1 Corinth 13:4-8; Ps 34; 1 Corinthians 11:23-26; Luke 9:11-17



How do we remember important things? Engage all our senses! Jesus knew that it would be easy for his followers to lose hope and lose the way he taught them to live and love. So on the night before he was arrested, he sat at a big table with the companions on the journey and shared bread and wine, hand to hand, and asked them to come together and do the same, and he promised to meet them there, to BE there. He also put a towel around his waist and knelt on the floor and went from person to person and washed their dirty feet with great love. He asked them to do as he did: to love sacrificially and lavishly. Jesus wanted them and us to remember him experientially and know him energetically. We

know Jesus is present when we gather together in love, meet him around the table, receive his spirit through bread and wine shared, and go out with our neighbors to love as Jesus loved. It is a great Gift and Mystery.

Prayer Shawl Ministry Hats and Scarves Project:

If you have items to donate but couldn't make it to Mass last week, please do bring them this week. We will collect them, bless them and Mary Ulibarri will ensure they are given to needy families at Cabrini's school.

On Call for

Deacon Pastoral Emergencies Schedule.

Mother Alice is on call Oct 28 – Nov 4th 719-574-4904

Deacon Buddy is on call Nov 5th – 11th 720-556-6470

On call" means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text.

Both Kae and Alice usually take Sunday and Monday off.

VERY FEW WORDS FROM DEACON BUDDY

Meetings are held the 1st Thursday

Ministry Teams

Social Justice –chair – rotating by project

We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need.

We meet once a month and day and time are flexible.

Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

Ongoing Spiritual Formation of Kids and Adults Ministry:

To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

Membership and Hospitality:

To build relationships among members and welcome all as God's Beloved

Liturgy and Music – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world.

Bishop Kae and Greg Madden, Marilyn Davey

Lector Coordinator

Linda Pavlak and Tammy

Greeter Coordinator:

Gail

Eucharistic Minister Coordinator-

Ministries of Care –

Grief and Loss - A ministry that offers support for individuals and families facing a life changing journey...Chair – Ken Crosby

We must move past the grievances we have toward one another so that God's Kingdom is made stronger.

Don't be a grave robber. Let corpses alone. In due course nature disposes of such remains if they are left undisturbed. Every time you dig up an old grievance or an old mistake by rehearsing it in your mind or, still worse, by telling someone else about it, you're simply ripping open a grave--and you know what you expect to find. Live in the present. Prepare intelligently for the future and leave the past alone. This is what Jesus meant when he said, "let the dead bury the dead" (Matt. 8:22). Make a law for yourself today that you are not going to

touch mentally any negative thing that has happened up to the present moment and keep the law. Life is too precious for grave robbing. The past is past: liquidate it. If a negative memory comes into your mind, cremate it with the right thought (the fire of Love) and forget it.

EMMET FOX--AROUND THE YEAR WITH EMMET FOX

Power of Prayer

Mary, Jesus' Mother has asked we pray the rosary. We will be having a weekly Rosary on Thursdays at 7PM on zoom to be led by Deacon Buddy. Please join us.

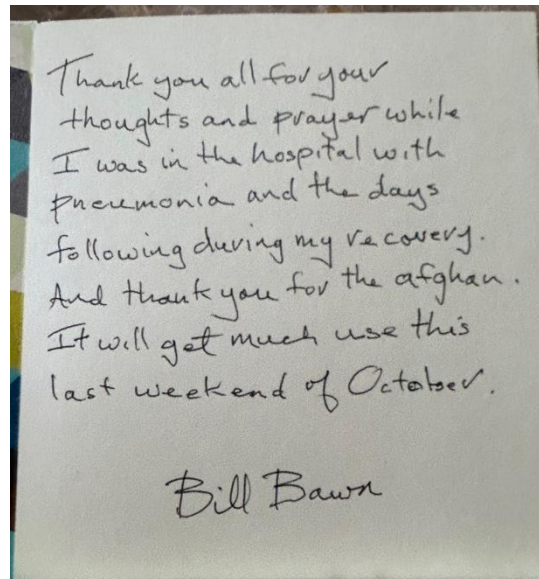


Join Zoom Meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

Dial in by calling: _1 346 248 7799

Meeting ID: 719 573 5454 Passcode if requested: 10500



4th Mass for All Ages and First Communion!

11th Potluck following Mass

18th Anawim Ministry Meeting November 18 2:30-4:30 Saturday, in the Fellowship Hall and on zoom

23rd Thanksgiving Mass at 8 a.m.

26th Sunday at 12 noon – following the NUCC service – working on the liturgical environment for Advent.

The food bank for November is Growing Home.



Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or sewing prayer shawls/blankets. - Linda Pavlak

Anawim Ministry-

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning+) support ministry for COB members, families, and friends. 3rd Saturday monthly at the Fellowship hall at 2:30PM

Finance Ministry

Wise stewardship of the financial resources of the community
Chairperson: Greg Goerke

Administration and Building

Maintenance Ministry: the nitty gritty support that keeps us rolling along

Pastoral Care members: Greg Madden, Deacon Buddy, Ken Crosby, Alice Bradley, Christy Chady, and Kae Madden

Home Visits/Communion- We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Ken Crosby if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a *sensitive and/or ethical nature* and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church

Donate via <https://growinghome.org/donate/> or checks may be mailed to: 3489 W 72nd Ave #112, Westminster, CO 80030

As always you can bring items to the church and place them in the Church of the Beloved bin in the back of the church. We will get these items to Growing Home. Thank you for your generosity. Sincerely, Social Justice Committee

Attention: Social Justice is still interested in booking **CPR and AED training** for COB and even UCC if there is interest. The cost is \$35.00 per person. We must have at least 10 people sign up (or pay for 10 anyway!) Please let Linda Adams know if you are interested.

Social Justice Committee

Hats and Scarves, 2023!

The Prayer Shawl Ministry's Hats and Scarves Social Justice Project for 2023 was a wonderful gift from the Community of Church of the Beloved. It was a giving from each of your hearts and your hands. We thank you!



210 Items Collected

- 12 Hat and Scarves Sets
- 44 Children's Hats
- 19 pairs of Gloves (children and adults)
- 104 Adult Hats
- 19 Scarves

May those who receive the giving from us know and feel the warmth of God's Love for each of them. Blessings and God's Love and Peace to each of you!

"HOLY MOMENTS": The books are available for pick up during Mass or out by the mail slot. Please join in reading this inspiring book as a community. See a comment below :)

Hello Colorado!!

We got "holy moments" in the mail today.....THANK YOU SO MUCH!!!! Started

reading it.....and it is REALLY COOL. 😎 A great read! Hope everyone is enjoying it

as much as I am. 🙏

Enjoy the snow! Send some our way!!!!

Have a great week. And THANKS AGAIN!!!! 🥰

Love,

Susan Gray

SC



Mid week Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.

Reminder: Audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



of the Beloved, we want you to know your voice will be heard.

Quick Links



ECC link:
<http://www.rmrc-ecc.com>

COB link
<https://churchofthebeloved-ecc.org>

Facebook:
www.Facebook.com/ChurchOfTheBelovedECC

Instagram:
<https://www.instagram.com/churchofthebelovedecc/nstagram>

USER NAME:
churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:
pastor@churchofthebeloved-ecc.org
maddengk@msn.com

Pat: Church Key: 303-452-1553
Announcements in the bulletin must be in by Wednesday before distribution on Friday.
Pat's email: rpt1553@aol.com

What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



Centering Prayer/Meditation And Labyrinth

Sunday Nov 5th at 7:00 AM. We'll meet in the sanctuary and dress for walking the labyrinth . All are welcome. Contact Mother Alice for more info.

PREPARATION FOR LITURGY:

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully. If you are unable to join us in person, as you prepare your sacred space at home, you may want to “set your table” with a beautiful green cloth, bring a cross, a candle, bread and wine/juice.

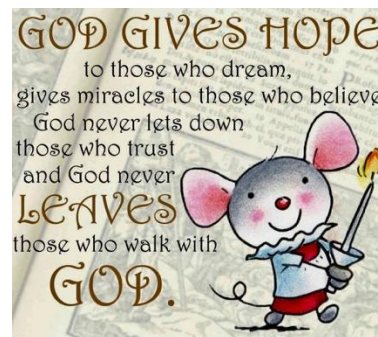
For those who are so moved, we invite you to pray the prayer of Spiritual Communion:

Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen

You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

For Mass: Join Zoom Meeting
<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

Dial in by calling: _1 346 248 7799
Meeting ID: 719 573 5454 Passcode if requested: 10500



God – remind me each day that You are at work within me and around me. Open my eyes to Your loving ways and may I always follow Your teachings. Amen

People may doubt what you say, but they will always believe what you do