



February 3, 2024
5 PM
Saturday

*To Love and Be Loved
An Inclusive Catholic Community,
welcoming each and all as the
beloved of God. We are
ecumenical; we celebrate the rich
heritage of Catholic spirituality
while honoring all spiritual
traditions. We Move for justice
and peace and respond to the
call of discipleship by loving
deeply and rooting our lives in
prayer and service.*

Contacts:

Church of the Beloved
303-489-7046
Emergencies:

Bishop Kae: 720-232-1562
Mother Alice: 719-573-4904
Deacon Buddy: 720-556-6470
Bishop Paul: 720-254-2083
Ken Crosby 303-238-5175

Our Leadership:

Parish Council: Tammy Gabel,
Greg Goerke, Susan Reese,
Maryann Klasinski Toni Talarico
Parish Council meetings vary

Synod Delegates:

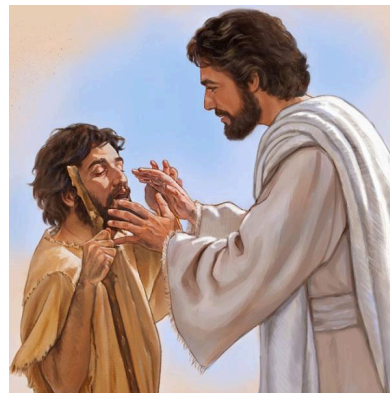
Amy Frisbee, Alice Bradley,
Bishop Kae Madden. Susan
Gray, Bishop Paul Burson

**Rocky Mountain Regional
Council Representatives:** Alice
Bradley and Dennis Giblin.

Church of Beloved Ecumenical Catholic Community

Fifth week of Ordinary Time

Readings: Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 1 Cor 9:16-19, 22-23 Mk 1:29-39



In this week's readings we hear from Job, whose pain is so real and whose cries echo our own when we suffer or see others suffering. To this suffering, Jesus brings healing and drives out the demons of isolation and despair. For reflection: What parts of your daily life seem like mere chores, mindless toiling? How can you infuse something holy into them and find sacred purpose? Who near you is in need of healing? With what words and actions might you be able you touch them with the healing grace of God's love?

On Call for Pastoral Emergencies Schedule.

Deacon Buddy is on call for Jan 28-Feb 3 720-556-6470\

Mother Kae is on call Feb 4-10th 720.232.1562

"On call" means available-by phone 24 hours a day for urgent concern and emergencies. If you have an urgent need in the middle of the night, please CALL, as we may not hear a text.

Both Kae and Alice usually take Sunday and Monday off.

Lector Training Saturday, February 3rd, 4:00PM at the church and on zoom if you are unable to attend in person. If you are already a lector, have signed up to be a lector, or have been called to become a lector this meeting is for you! We plan to refresh our ministry with this group meeting with a short walk through, new sign up protocol, questions(if any) and a time to get to know each other. Blessings! Hope to see you on the 3rd, Linda and Tammy

Ministries during Mass!!!

Please sign up for our weekly ministries: A/V camera, Eucharistic Ministers, Greeters, and Lectors. If you need orientation/training, contact Alice, Buddy or Kae and we'll get you connected with a seasoned minister.

Liturgical Environment: We will change the sanctuary from Ordinary Time (green) to Lent (purple) on Tuesday, Feb 13th at 12:30 p.m. Many hands make light work.

Meetings are held the 1st Thursday

Ministry Teams

Social Justice –chair – rotating by project

We come together monthly in prayer and discussion to discern how to distribute our community's generous tithe and offer projects for our church members to serve those in need.

We meet once a month and day and time are flexible.

Marketing/Communication

Chair –Ken B

Our goal is to be seen and heard by – and then inspire – potential members of COB.

Ongoing Spiritual Formation of Kids and Adults Ministry:

To form our lives on the pattern of Jesus, growing disciples of all ages Chair – vacancy

Membership and Hospitality:

To build relationships among members and welcome all as God's Beloved

Liturgy and Music – To gather as the Body of Christ to give thanks, be enlivened by the Word and song, be nourished and transformed, be strengthened by community, and to be sent out to a networking waiting world.

Bishop Kae and Greg Madden, Marilyn Davey

Lector Coordinator

Linda Pavlak and Tammy

Greeter Coordinator:

Eucharistic Minister Coordinator-

Ministries of Care –

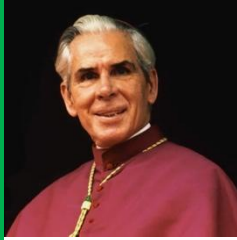
Grief and Loss - A ministry that offers support for individuals and families facing a life changing journey...Chair – Ken Crosby

Prayer Shawl Ministry –

A healing ministry of prayer and caring by knitting, crocheting, or

ECC 101 Video: An edited recording of November's ECC 101 zoom presentation can be found at the link here: (Hold Control as you click) [Copy of ECC101_231129_RMRC.mp4 - Google Drive](#). The presentation is over an hour and takes a while to load, so be patient

VERY FEW WORDS FROM DEACON BUDDY



Fulton Sheen's "Life of Christ" is on par with Benedict XVI's "Jesus of Nazareth" series. Sheen walks one through the Gospels detailing the life of Jesus, offering insight into Christ's words and actions. It is written in a style that can be read and enjoyed by the layman and the scholar alike.. Sheen also makes many connections between the New and Old Testaments, especially when something Christ says is the fulfillment of something one of the prophets said about Him many years before. ""Life of Christ" is also particularly valuable for Johannine scholars. Sheen spends the majority of the book discussing Christ's life as seen in St. John's Gospel. He gives particular attention to the Bread of Life Discourse in John 6, and the Passion of Christ seen through the eyes of St. John and Mary. Sheen's thesis for the entirety of the book is simply this: one cannot have an Easter Sunday without first having a Good Friday. This means that one must not divorce suffering from salvation. Very often, suffering leads us to salvation. At the beginning of his book, Sheen says that every person comes into this world for the purpose of living; all except one. Jesus came into this world to die, specifically to die for our redemption and salvation. (TO BE CONTINUED...) JOSEPH TUTTLE--MISSIO DEI WEBSITE

Power of Prayer – Praying the Rosary

Mary, Jesus' Mother has asked we pray the rosary for peace.

We pray a weekly Rosary on Thursdays at 7PM on zoom led by Deacon Buddy. Please join us.

Join our Meeting on our regular Zoom link.



And/or pray the Rosary with Church of the Holy Family on

Wednesdays at 6:00 pm. with Cara Thompson

Join Church of the Holy Family's Zoom Meeting: [link](#).



The food bank for February is FISH of Broomfield. They are averaging over 1000 unduplicated families per month, who need food and assistance. That is more families than during COVID. The greatest need is for: soup, broth, crackers, dry pasta, cereal, cooking oil and individually wrapped snacks. If someone is called to help monetarily,

Checks may be sent to: Broomfield FISH, 6 Garden Center, Broomfield, CO 80020, or at [Home - Broomfield FISH](#) (Click on link) Thank you. Social Justice Committee

The Lenten social justice project will benefit newly arriving children at Westview Elementary School. Please see the attached flier.

King Soopers has a Community Rewards program for organizations: A portion of all your purchases will automatically go to the organization of your choice as long as you have a KS card. This requires no money up front, just using your card gives you the member discount and access to digital coupons.



As of December 2023 there were 33 cards designated to give money to COB. Last quarters donation from Kings to COB was \$247.30--- free money we don't have to donate just because we shop at KS and signup for Community Rewards.

Here is how we do it:

1. Log into your account at King Soopers.com . Important! KS no longer supports Google, you must use another search engine. 😞
2. Go to Community Rewards
3. Enter COB # AY563.

sewing prayer shawls/blankets. -
Linda Pavlak

Anawim Ministry-

LGBTQ+ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning) support ministry for COB members, families, and friends.

3rd Saturday monthly at the Fellowship hall at 2:30PM

Contacts: Ralph

at reschkejr@g.com or 303-425-9995 and Nick at pizzafmly@aol.com or 303-929-6213

Finance Ministry

Wise stewardship of the financial resources of the community
Chairperson: Greg Goerke

Administration and Building Maintenance Ministry: the nitty gritty support that keeps us rolling along

Pastoral Care members: Greg Madden, Deacon Buddy, Ken Crosby, Alice Bradley, Christy Chady, and Kae Madden

Home Visits/Communion- We have both clergy and lay members who are happy to come to your home if you are sick, discouraged, isolated, or in need of a friend. Visitors may also bring Eucharist. Please contact Mother Kae or Ken Crosby if you would like a visit and we will set it up. We do not forget you and we respect your privacy – so don't hesitate to request a visit. Visits are confidential.

Listening Team

On rare occasions, when a conflict arises of a sensitive and/or ethical nature and the issue cannot be resolved by normal means, the Parish Council may engage our 3-person Listening Team, an unbiased, confidential, investigative team. At the Church of the Beloved, we want you to know your voice will be heard.

4. Save!

That's it!

Please consider COB as the charity you want to donate to every time you shop. No restrictions on amount spent or what is purchased. Any questions, please contact Linda Adams for information (303-978-0094) ♡🙏



Wednesday, February 14th

Receive Ashes at EB Rains Park at 11 a.m.

Prayer service with ashes at 12 noon at the church

Mass and ashes at 6:30 p.m.

Our Community Tithing: The social justice committee recommended with parish council approval the following distribution for our fourth quarter 2023 tithing from our offerings out to the community at large:

- \$200.00 Colorado Council of Churches (membership dues and donation)
- \$200.00- PRIDE (specific activities and involvement pending)
- \$200.00 Project Worthmore projectworthmore.org
- \$360.00 The Preservary thepreservaryfoundation.org
- \$300.00 Energy Outreach energyoutreach.org
- \$300.00 Westview Elementary School westview.adams12.org

For comments/questions, please contact a member of the social justice committee. Our next distribution will be in April. Thank you for your generosity!



10th Reception for our 20th anniversary and Mass for All Ages

14th Ash Wednesday

March

9th Mass for All Ages and potluck

23rd The vigil of Palm Sunday

28th 29th & 30th: Holy Thursday, Good Friday and Easter Vigil

31st Easter – Sunday morning Mass

April

6th – Mass for All Ages

13th Potluck

May

11th Potluck and honoring Mothers

18th Pentecost

June

1st Confirmation and potluck celebration

15th honoring Father

ECC Biennial Holy Synod October 10-14, 2024, Estes Park, CO

Attached to this bulletin you will find a Delegate Ministry Description.

Please prayerfully read it. Is the Spirit nudging you?. If you are interested in possibly serving our COB community in this way, please contact Kae or Alice for a description of this important ministry and to discuss the possibility of your participation.

COB Formal Membership

Are you interested in becoming a formal member of the Church of the Beloved Community? Want to know more about what that means?

Text, call or email Mother Alice at 719-573-4904 alice.bradley@UCDenver.edu

Quick Links



ECC link:

<http://www.rmrc-ecc.com>

COB link

<https://churchofthebeloved-ecc.org>

Facebook:

www.Facebook.com/ChurchOfTheBelovedECC

Instagram:

<https://www.instagram.com/churchofthebelovedecc/instagram>

USER NAME:

churchofthebelovedecc

Bishop Kae is available by appointment Tuesday through Saturday and on call 24/7 unless notified otherwise.

Bishop Kae's email is:

pastor@churchofthebeloved-ecc.org
maddengk@msn.com

Pat: Church Key: 303-452-1553
Announcements in the bulletin must be in by Wednesday before distribution on Friday.

Pat's email: rpt1553@aol.com



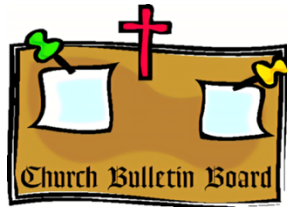
'Tis the Season..... Let's be wise and care for each other with frequent hand washing and/or using hand sanitizer, consider wearing a mask, utilize the red, yellow, green bracelets when entering church to indicate your personal comfort level with close person contact, and, of course, if feeling unwell, participate from home on Zoom. Thanks for taking care of each other.



Mid.week Mass:

Remember that we are celebrating Mass together via zoom on Wednesday mornings at 9:30 a.m.

Reminder: audio recordings of the gospel proclamation and the homily are available on our website– to listen again or tune in if you missed it.



What do you want to post on a bulletin board at the church?: education, opportunities, thank you notes, etc. And if you want to post something, send it to Pat



Centering Prayer/Meditation And Labyrinth

Sunday Feb 4th at 7:00 AM. We'll meet in the sanctuary and dress for walking the labyrinth, weather permitting All are welcome. Contact Mother Alice for more info.

PREPARATION FOR LITURGY: **In case you are wondering, we're going to stay with the current "Advent" worship aid and service music until Lent, since it is only a few weeks of Ordinary Time.

In person: We are grateful to be together and enjoying gathering in person. As you know, masks are optional. We have colored bracelets that can indicate your comfort level with hugs – green, yellow, and red.

Zoom-ers: There is a worship aid attached so that you may participate fully.

If you are unable to join us in person, as you prepare your sacred space at home, you may want to "set your table" with a beautiful green cloth, bring a cross, a candle, bread and wine/juice.

For those who are so moved, we invite you to pray the prayer of Spiritual Communion:

Oh my Jesus, I turn toward the holy tabernacle in my heart where You live and love me. I love you. Come and visit me with Your grace. Spiritually come more fully into my heart. Purify me. Sanctify me. Make me more like You. May I receive You in your fullness and reflect You in the world. Amen

You are welcome to email the link below to friends and family, and please refrain from posting it on social media for security. It remains the same for every liturgy.

For Mass: Join Zoom Meeting

<https://us02web.zoom.us/j/7195735454?pwd=VTI4V2ZYSVZrSzdSODE0Ull3emRjZz09>

Dial in by calling: 1 346 248 7799

Meeting ID: 719 573 5454 Passcode if requested: 10500

HOW TO SIGN UP FOR MINISTRIES ON OUR WEBSITE:

- Here are the steps to the new ministry signup process (which is through our COB website):



1. Register with your name and email and create a password at <https://churchofthebeloved-ecc.org/register/>
2. Click on your name in the lower right corner, then click on the "Sign Up" button.
3. Select the signup(s) you'd like to sign up for, then scroll to the top and click "Save and Continue." It will automatically add your name and email address. However, if you are signing up for another family member, you can change this information.

You will need to be logged in to see the signup list and add/delete signups. The URL that can be bookmarked for this (after registering) is: <https://churchofthebeloved-ecc.org/signup>. If you are not logged in, it will prompt you to do so. If you have questions, contact Christy. Thank you!



Dear Lord – it isn't easy to accept Your "No" for an answer to my prayers. Help me to trust Your judgment with grace. Amen.

You probably can't spend yourself rich.

